

All Souls Scripture Journey

Cut out the Scripture quotes below and place them in a bowl on the dining room table. Place an empty bowl beside the bowl with the quotes. Beginning on All Souls Day, one family member is invited to take a scripture quote from the bowl. The person who picks the quote shares it with the rest of the family as part of their mealtime reflection. This can be done after the mealtime prayer is said and after everyone has begun eating. The Scripture is offered as spiritual nourishment as we take in the food as physical nourishment. The person then places the Scripture quote in the empty bowl. A different family member picks out the Scripture quote the next day. Continue to do this each day until all the quotes have been picked and moved to the second bowl. The process may be repeated until the end of November or the quotes can simply be left on the table for family members to refer to at their leisure. All of the Scripture quotes are taken from readings that could be used during the All Souls Day liturgy.

Wisdom 3:1 "The souls of the just are in the hand of God, and no torment shall touch them."

Wisdom 3:2-3 "They seemed, in the view of the foolish, to be dead.... But they are in peace."

Wisdom 4:7 "The just man, though he die early, shall be at rest."

Isaiah 25:8a "...he will destroy death forever."

Isaiah 25:8b "The Lord God will wipe away the tears from all faces."

Lamentations 3:26 "It is good to hope in silence for the saving help of the Lord."

Romans 5:5a "Hope will not leave us disappointed."

Romans 6:8 "If we have died with Christ, we believe that we are also to live with him."

1 Corinthians 15:54b-55 "'Death is swallowed up in victory. Where, O death, is your victory? Where, O death, is your sting?'"

Philippians 3:21 "He will give a new form to this lowly body of ours and remake it according to the pattern of his glorified body."

Psalms 23:4 "Even though I walk in the dark valley I fear no evil; for you are at my side with your rod and your staff that give me courage."

Matthew 11:28 "Come to me, all you who are weary and find life burdensome, and I will refresh you."

Luke 7:14b-15a "Jesus said, 'Young man, I bid you get up.' The dead man sat up and began to speak."

John 6:40 "Indeed, this is the will of my Father, that everyone who looks upon the Son and believes in him shall have eternal life. Him I will raise up on the last day."

John 6:51a "Jesus told the crowd: 'I myself am the living bread come down from heaven. If anyone eats this bread he shall live forever.'"

John 11:23 "'Your brother will rise again,' Jesus assured her."