



Table Prayer Healing and Anointing

Table Center

A small clear glass bowl that contains some scented oil (baby oil, massage oil, or some simple cooking oil).

+ We Gather...

Begin by saying...

At this meal we gather to celebrate and to remember the power of healing in our lives and to pray for those we know and love who are in need of healing at this time.

As we begin our prayer, we name those we know who are in need of healing and pray for our own needs for healing.

+ We Tell the Story...

Let us listen now to the Word of God.

"If you are sick, ask the church leaders to come and pray for you. Ask them to put olive oil on you in the name of the Lord. If you have faith when you pray for sick people they will get well. The Lord will heal them, and if they have sinned, he will forgive them." (James 5:14-15)

+ We Bless Our Food...

We pray...

We gather in faith to seek blessing for this food before us. Life-giving God, healing Jesus, energizing Spirit, bless our time together at this table, that it may heal our hearts and nourish our bodies.

Bless this food before us, keep us ever grateful for your abundant gifts,

We ask this in the name of Jesus our risen Lord. Amen.

+ We Go Forth...

Conclude by saying...

As we go forth from our table today, let us be reminded and renewed through the healing power of Jesus' name by anointing one another on the hands with this scented oil, simply saying to one another, "Be healed and heal others through the power of Jesus' love."

