

Patron Saint for the Year

Become a foster family for a patron saint for one year.

Visit www.americancatholic.org/Features/Saints/patrons.asp or borrow a book about the lives of the saints from your parish or diocesan library. Identify one saint that your family will honor for the coming year.

Prepare a place in your house that you will dedicate to the memory of your family patron saint. This special place will be your saint shrine. You may want to purchase a small statue or icon of the saint for the shrine. Commit your family to learning at least one new detail about your saint each month. Add something to the shrine each month that expresses what you have learned.

Use the shrine as a place for prayer. Put a candle in your shrine and place a bowl in your shrine. Have paper and pencil next to the bowl for family members to use when they want to write a special prayer for which they seek the saint's intercession.

At the end of the year you may continue your devotion to this particular saint or you may begin the process all over again with a new saint.

